

Langtoft Parish Council

Parish Walk Risk Assessment,

Drafted : 23 June 2025

revised Steve Valentine

Hazard	Who might be harmed and how	Activity risk rating (no controls)	Control measures already in place	Risk rating with control measures
Slips, trips and falls • Uneven or slippery ground surfaces, steep banks, shrubs, brambles, tree branches, debris, and dark areas	Walkers Head injuries, fractures, dislocations, sprains, cuts and bruises	Medium	• Walkers should stay within the pathway boundary and not to venture into banked up areas • Walkers advised to wear suitable footwear that have good tread such as hiking boots or study trainers – no open toed shoes • Walkers to be aware of the surface they are walking on and the current weather conditions	Low
Adverse weather • Heavy rain – flood, deep puddles or fast flowing water • Ice/snow – difficult walking conditions • High winds – trees to bend/break • Extreme heat – over exposure to UV rays	Walkers Head injuries, fractures, dislocations, sprains, cuts and bruises, fatigue, dehydration, sun burn	Medium	• Walkers should be aware of the local weather reports and assess if it is suitable to carry activity. • Clothing worn should be appropriate to the weather conditions i.e. sun hat and sun screen during hot weather, waterproof and warm clothing in cold weather	Low
Biological hazards • Dirty water, faeces, vomit, used condoms, used syringes Broken glass, syringes, nails, cans sharp twigs		Low	• Any existing cuts/grazes should be covered with surgical tape or waterproof plaster before starting activity • Do not touch any unidentified and potentially hazardous waste and report it to The Clerk or other responsible person. • Suitable clothing and sturdy footwear to be worn at all times •	Low
Collisions • Vehicles, cyclists, joggers, dogs, other pedestrians	Walkers Head injuries, fractures, dislocations, sprains, cuts and bruises	Low	• Walkers are advised to be aware of their surroundings and be considerate of other using the route and look before making abrupt changes in direction • Follow the highway code at all times • Be extremely careful when walking on the roadside	Low

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Undisclosed health issues: Diabetes, epilepsy, hay fever and adverse reactions to stings, bites, nettles	Walkers Stress, ill health and allergies	Low	- Walkers who are aware they have underlying health issues should ensure they protect themselves sufficiently during the activity bearing in mind the environment they will be surrounded by - It would be prudent to inform a friend that will be with you of any health issues prior to starting the walk - Carry appropriate equipment and medication if required - Do not approach any domestic pets unless agreed by the owner. Try not to disturb any wildlife that you may come across - Be aware of your nearest defibrillator - You can see these at www.defibfinder.uk - Consider taking a first aid kit with you.	Low
Watercourses	Walkers Drowning, waterborne illnesses	Medium	- Don't enter any rivers, ponds, lake or canals. - River banks can be steep and unstable - Do not enter into floodwater	Low

Risk rating

Taking into account the potential risks you should calculate your risk using the likelihood and severity calculation below.

Likelihood score	Description
1 (Low)	Where harm is unlikely to occur under normal circumstances. Low expectation of occurrence.
2 (Medium)	Where harm is likely to occur in time or exposure to the hazard exists intermittently or hazardous event occurs occasionally.
3 (High)	Where the hazard is likely to occur imminently or in the very short term, or exposure is permanent or occurs frequently or much evidence of previous harm.

Severity is how serious a potential risk could be.

Severity score	Description
1 (Low)	All other minor injuries – first aid treatment with no permanent harm – minor cuts and bruises
2 (Medium)	Injuries or work related illness where people are unable to undertake their normal work for more than 3 days ; semi-permanent harm or injury.
3 (High)	Death, major injury or work-related illness, permanent harm or disability.

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